



<p style="text-align: center;"><b>Contaminated Cabin Air Information for aircrew and passengers</b></p>  <p style="text-align: center;"><b>www.aerotoxic.org</b></p> <p>Contaminated cabin air can or a “fume event” be caused by engine oil or hydraulic fluid entering the cabin air supply. May be detected as a bluish haze/smoke in the cabin and smell may be described as wet dog, sweaty socks, vomit, oil, etc.</p>	<p style="text-align: center;"><b>Symptoms</b></p> <p><i>Symptoms may be short term or long term and may include any of the following:</i></p> <ul style="list-style-type: none"> <li>• Fatigue</li> <li>• Shaking and tremors</li> <li>• Loss of balance and vertigo</li> <li>• Seizures</li> <li>• Memory impairment</li> <li>• Headache</li> <li>• Tinnitus</li> <li>• Light-headedness, dizziness</li> <li>• Confusion / cognitive problems</li> <li>• Feeling intoxicated</li> <li>• Nausea</li> <li>• Diarrhoea</li> <li>• Vomiting</li> <li>• Breathing difficulties</li> <li>• Tightness in chest</li> <li>• Increased heart rate and palpitations</li> <li>• Irritation of eyes, nose and airways.</li> </ul>	<p style="text-align: center;"><b>Onboard actions</b></p> <p><i>Make a note of the following:</i></p> <ul style="list-style-type: none"> <li>• Description of fumes (visual/ smell)</li> <li>• Phase of flight, e.g taxiing out, take off, top of descent</li> <li>• How long they lasted</li> <li>• Symptoms experienced by you or other passengers</li> </ul> <p><i>If the fumes are visible, take a photo or video if possible</i></p> <p>Inform the cabin crew and ask that the captain enters this information in the aircraft technical log.</p> <p><i>In addition, note the following:</i></p> <ul style="list-style-type: none"> <li>• Date, flight number and exact time</li> <li>• Aircraft type and registration (ask the crew)</li> <li>• Cabin crew's and pilots' names</li> </ul>	<p style="text-align: center;"><b>Actions after the flight</b></p> <ul style="list-style-type: none"> <li>• Contact the airline and ask them to investigate the incident</li> <li>• Contact your national aviation n authority (FAA in USA, CAA in UK)</li> <li>• Keep a note of ongoing symptoms. In some cases, symptoms may not materialise until a few days later</li> <li>• Keep the Aerotoxic Association informed with progress of your case</li> <li>• Enter details of the fume event on the toxicfreeairlines.com database</li> </ul> <p>Be aware that the airlines and aviation authorities may try to trivialise your complaint, tell you that there is no health risk. They will probably maintain that you're the only one complaining. If you continue to experience symptoms, the Aerotoxic Association has a list of medical specialists.</p> <p style="text-align: center;">More information at <a href="http://www.aerotoxic.org">http://www.aerotoxic.org</a></p>
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