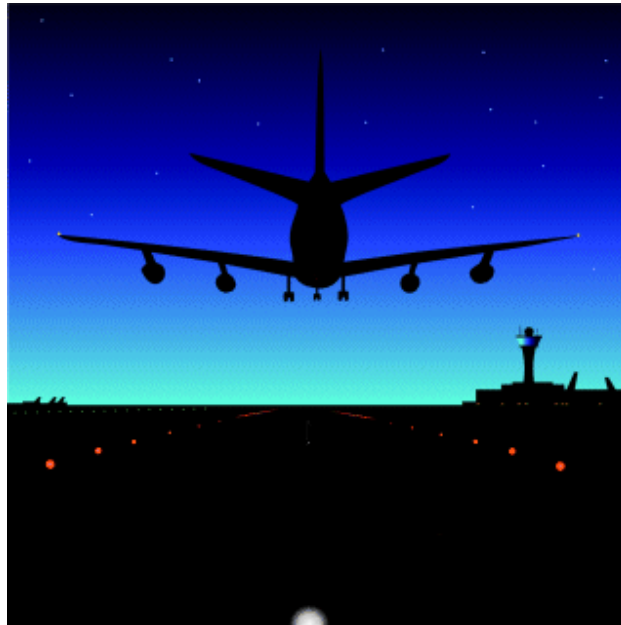


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Energy & Excellence For Life

Discover How Far Infrared Treatment Can Help Pilots, Cabin Crew, and Passengers to Detoxify and Restore Good Health



The Hazards of Air Travel

With the increase in affordability and ease of air travel, more people are experiencing health problems as a result of exposure to toxins encountered whilst flying.

The reason this occurs is simple: cabin air comes through the jet engine UNFILTERED (bleed air) DIRECTLY into the aircraft and is distributed throughout the flight deck and passenger cabin.

Hence the air we breathe on board an aircraft can be contaminated as it has come into contact with the engine, hydraulic fluids, Oils, additives and Jet Fuel etc.

“The oils and hydraulics used in airplane engines are toxic, and specific ingredients of such materials are irritating, sensitising and neurotoxic.... Where contamination of air in the flight deck and passenger cabin occurs that is sufficient to cause symptoms of discomfort, fatigue, irritation or toxicity”(Michaelis & Winder:2005).

It is well documented that flyers are being exposed to contaminated air that can contain a whole variety of harmful substances including: Engine Oil Additives, Heavy Metals, Jet Fuel, Hydraulic Fluid, Exhaust fumes, Pesticides, and De-Icing Fluid to name but a few.

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Recent coverage and reports in the press make it clear that if you travel on an aircraft there is a risk of exposure to a variety of contaminants and toxins that can seriously effect your short term and long term health:-

“In January this year, investigative journalists from German and Swiss TV secretly took 31 swabs from aircraft cabins on popular airlines. These were analysed in the laboratories at the University of British Columbia under the supervision of Professor Christian van Netten, a leading toxicologist. Twenty-eight of the swabs were found to have dangerously high levels of TCP.” (Independent:17.03.09)



TCP is an engine oil additive that has been found to be just one of the airborne contaminants discovered to damage the nervous system.



Symptoms of Toxic overload

Toxic overload has been implicated in many health conditions and physical symptoms can include: fatigue, fibromyalgia, headaches, joint or muscle pain, frequent colds and flus, allergies, hormonal imbalance, electro sensitivity, chemical sensitivity, sinus congestion, psoriasis and other skin conditions, loss of dexterity, insomnia, and more. Fibrocystic Breast Disease (FBD) in women to Attention Deficit Hyperactivity Disorder (ADHD) in children.

Psychological symptoms include poor concentration, memory loss, mood changes, mental confusion, and changes in behavior.

Treating the damage alone cannot stop the process; we must also address the cause, specifically this toxic residue in our tissues.

It is to this end that Far Infrared Thermal Treatment is effective. It can mobilise toxins stored within fat cells, increase circulation and aid in the elimination of these toxins through the major organs and also through perspiration. Removal of such toxic residues from the body provides increased and improved cellular function, thus enhancing overall health and well-being.

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Director M.D Givert

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Detoxify with the Far Infrared Thermal Treatment™
Cocoon System™



Heavy Metal Toxicity

Elevated levels of Nickel and Beryllium have been found to have accumulated in pilots, cabin crew, and passengers. An accumulation of heavy metals may often reduce immune function leading to frequent bacterial and viral infections.

Heavy metal toxicity can result in damaged or reduced mental and central nervous function, lower energy levels, and damage to blood composition, lungs, kidneys, liver, and other vital organs. Long-term exposure may result in slowly progressing physical, muscular, and neurological degenerative processes that mimic Alzheimer's disease, Parkinson's disease, muscular dystrophy, and multiple sclerosis. Allergies are not uncommon and repeated long-term contact with some metals or their compounds may even cause cancer (International Occupational Safety and Health Information Centre 1999).

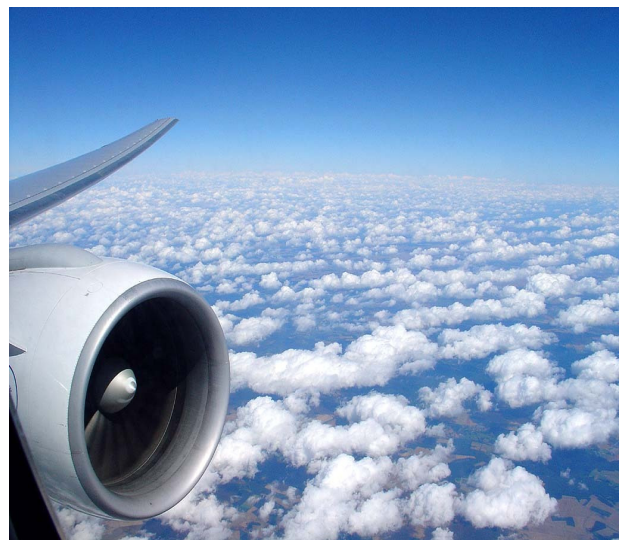
Heavy metals and other chemicals can also disrupt the delicate balance of the intestinal flora. The result is unfriendly bacteria, viruses and fungus can flourish causing such problems as leaky gut, Poor Digestion, IBS and Candida to name but a few.

Far Infrared Treatment has been shown to be particularly effective in helping eliminate heavy metals from the body.

Toxic Stress

Far Infrared treatment helps eliminate toxins on a cellular level stimulating cellular repair and healing.

Toxic stress often causes the body to use up its vital reserves of nutrients which are essential for detoxification. This is why many of us are poor detoxifiers. Doctors have found this to be especially true for people suffering from toxic overload.



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The benefit of Far Infrared treatment for poor detoxifiers is that it boosts absorption of essential nutrients and helps eliminate toxins that the body simply cannot seem to shift on its own.

Arc™

The Get **Fitt** Far Infrared Dome



Tests have shown that stress can trigger deficiencies in Zinc, Magnesium, Manganese, Vitamin B12 and folic acid which are vital for detoxification.

Also a substance called glutathione which is essential for detoxification has been found to as much as ***80% depleted in people suffering from toxic overload.*** So supplementation and a good diet are crucial for the body's detoxification mechanisms to function properly.

***The formula for wellness involves detoxifying and correcting nutrient deficiencies.
The body can then begin healing itself when it has unloaded its
burden of stockpiled toxins***

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Until recently the cause of the health problems for many pilots, cabin crew and indeed passengers has remained a mystery. It has become clear that repeated exposure to toxins on the aircraft has resulted in many pilots, cabin crew and even passengers having to stop work due to poor health.

Far Infrared Thermal Treatment (FITT™)



The Key to Good Health

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For Further Information:

Get Fitt Ltd works closely with Doctors including the medical advisor for the Aerotoxic Association Dr Myhill. We also work with Clinics, Pilots, Cabin Crew and the public worldwide. We help people displaying the symptoms of toxic overload to restore good health using Far Infrared Thermal Treatment (**FITT™**) which is the preferred tool of many doctors for detoxification.

We provide the latest cutting edge technologies to help you detoxify and restore good health in the comfort of your own home. We also provide tailor made programmes for the individual which include personal support and monitoring to ensure optimum results.

Please contact Get Fitt Ltd:

(Quote code “Aero 727” for Details of our Special Offer for website visitors)

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